

Spring 2016

Program



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Conestoga Valley

25

th Anniversary

est 1991

LITTLE LEAGUE



INSIDE THIS ISSUE:

Play Ball!

Rules, regulations and other important information for parents and players

Team Rosters

Player and coach listings for every team, by age group

Field Locations

Directions to each of the regularly used ball fields

Thank You!

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Dear Players, Family, and Friends:

I enthusiastically welcome all of you to Conestoga Valley Little League's 25th Anniversary Season! After a cold, windy, wet and even snowy spring training season, let's enjoy some warmer weather, play ball and celebrate.

Over the past few months, I've had the chance to talk with all our former CVLL presidents and many past board members. The talks were uplifting, humbling and motivating as each one shared his perspective and memories during his time with CVLL. In light of our Silver Anniversary and in reflecting on those conversations, I'm filled with two emotions: pride and gratitude.

I'm proud to have my kids playing in Little League. I'm proud to promote and recruit for Little League. I'm proud of what so many current and former board members, volunteers and players have accomplished in Little League. I'm proud to wear my CVLL apparel both in and beyond Lancaster County. I'm proud of how these young players have not only grown as ballplayers, but matured in character through Little League.

I'm grateful for Ken Riley and the many others for the vision to start a Little League in Conestoga Valley. I'm grateful to the board members, parents, volunteers and sponsors who gave, and continue to give, for our young players to have the resources to learn and play baseball. I'm grateful for all the lifelong friendships the players and families have made through Little League. I'm grateful for the many, many times coaches and parents have been a part of our players' smiles of success, and for the times they have encouraged our players in defeat.

For the 25th Anniversary Season, the Board of Directors ratified a mission statement not only to guide the leaders on the Board of Directors, but all of us as players, family and friends of CVLL. This is our mission:

Conestoga Valley Little League is a community organization implanting the characteristics of honor, sportsmanship and integrity through the development of skills, discipline and strategy in the game of baseball for the children of Conestoga Valley.

May that mission be foremost on our hearts and minds as we play ball...for many years to come!

Sincerely,



Dan Andrews
President, Conestoga Valley Little League®
cvtittleleague.org



4 PARENTS

What Parents Should Know, Little League® Ten Commandments for Parents, Put Fun First

6 FAQ

Equipment, Playing Time, Registration, League Schedule, Playoffs & More!

7 PLEDGES

Little League® Pledge, Volunteer Pledge, I Won't Cheat Pledge

8 T-BALL

Regulations & Rules, Learning Objectives, Team Sponsors, Player Rosters

10 ROOKIES

Regulations & Rules, Learning Objectives, Team Sponsors, Player Rosters

12 MINORS

Regulations & Rules, Learning Objectives, Team Sponsors, Player Rosters



2016 CVLL Board

Elected Roles

- *President:** Dan Andrews
- *Vice-President:** Reggie Fisher
- *Treasurer:** Doug Bossert
- *Secretary:** Josh Lapp
- *Player Agent:** Tucker York
- Majors Director:** Jeff Schlegelmilch
- Minors Director:** Adam Fisher
- Rookie Director:** Mike Forney
- T-Ball Director:** Curtis High
- Coaches Manager:** Chris Arnold
- Umpires:** Tom Needham, Jeff Schlegelmilch
- Sponsorships:** Adam Fisher, Rob Dippner
- Fundraising:** Shannon Hamme
- Fields:** Wendell Miller, Craig Esbenshade
- Safety Officer:** Curtis High
- *Members of Executive Board*

Other Roles

- Concessions:** Kelly Miller (Coordinator, Witmer), Juli Arnold (Flory)
- Opening Day Program:** Calvin Grucelski

Cover Design

25th Anniversary Design by Unitz1
www.unitz1.com

16	18	19	20	21	22
MAJORS	FIELDS	LEAGUE	INFO	SAFETY	SPONSORS
Regulations & Rules, Learning Objectives, Team Sponsors, Player Rosters	Field Locations & Directions, Playoff & Tournament Information	Mission Statement, Organization & League Structure	Levels of Play, Draft Rules, Pre-Game Conference	Safety On & Off the Field, In Case of Emergency	Advertisers and Team Sponsors

What Parents in Little League® Should Know

A Meaningful Program

The Little League® Movement, formed in 1939 in Williamsport, Pennsylvania, has grown to become the world's largest youth sports program to be voted Federal incorporation by the Congress of the United States, yet retains its independent identity through the sole sponsorship of the Little League® Foundation.

The values of Little League® Baseball are many, with the balanced development of the child as the ultimate goal. Through Little League®, youngsters develop and appreciate the need for teamwork, sportsmanship, and unselfish cooperation disciplines to be treasured a lifetime.

Physical development of the child through Little League® Baseball is a prime concern, under the safest and most time-tested rules ever adopted by a youth sports program.

The parent in Little League® is obligated to learn and understand the basics of local league operation. The local Little League® is strictly a volunteer effort. Concerned adults dedicate their time, service, and often their personal funds to maintain an exemplary program wherein children may develop into young adults.

No parent should turn their child over to a local Little League® without feeling a sense of responsibility and participation. An obligation of involvement must be recognized and fulfilled. Become involved. Be counted as a parent who wants to take an active part in the enrichment of their child's life. As a volunteer program, Little League® Baseball cannot survive without your help.

Organization

Each Little League® is chartered directly by Little League® Baseball, Inc., in Williamsport. The charter to operate a Little League® program is issued once each year under authorization of the U.S. Congress. Little League® Baseball is governed by a Board of Directors elected each year.

Safety is the Most Important Consideration

Little League® Baseball has the best record of safety and protection of any youth athletic program in the world. Such refinements in safety practices result from continuing studies, application of rigid standards in equipment and the adoption of rules and regulations which limit physical exertion during this crucial phase in the child's development.

Parents may be assured their children utilize the best and safest equipment available, as required by Little League® Regulations. Administrative training through Little League® Baseball has created an atmosphere of concern and safety-consciousness unequalled by other programs.

Player Accident Insurance -A Requirement

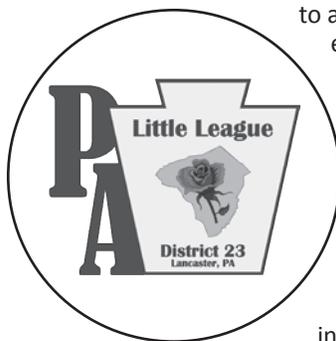
Action to require all leagues to carry player accident insurance was legislated by the Little League® Congress in 1957.

Player Accident Insurance may be secured locally or through Little League® Baseball, however, copies of all policies not purchased through Little League® must be filed at Headquarters to insure coverage meets the strict standards Little League® Baseball requires.

How the Policy Works

The Little League® Accident Insurance Policy is designed to afford protection to all participants at the most economical cost to the local league. It can be used to supplement insurance carried by a family policy or insurance provided by parents' employers under its terms up to as much as \$5,000.00. If there is no other coverage, Little League® insurance takes over and provides benefits for all covered injury treatment costs under its terms up to as much as \$3,500.00. If your child sustains a covered injury while taking part in Little League® Baseball or Softball, here's how the insurance works:

1. File claim initially under insurance carried by the family.
2. Should your family insurance plan not fully cover the injury treatment, the Little League® Policy will help pay the difference, after a \$50 deductible per claim, up to the maximum stated benefits. This includes any deductible or exclusions in your own insurance.
3. If your child is not covered by family insurance, the Little League® Policy becomes primary and will provide benefits for all covered injury treatment costs, after a \$50 deductible, up to the maximum stated benefits.
4. Treatment of dental injuries can extend beyond the normal 52 week period if dental work must be delayed due to physiological changes of a growing child. Benefits will be paid at time treatment is given, even though it may be some years later. Maximum dollar benefits is \$500 for eligible deferred dental treatment after the normal 52 week period subject to the \$50 per claim deductible.



BE A CONCERNED PARENT HELP YOUR LITTLE LEAGUE®

Little League® Baseball does not limit participation in its activities on the basis of disability, race, creed, color, national origin, gender, or religious preference.

For more information about Little League® visit the web site: www.littleleague.org

Little League® Ten Commandments for Parents

1. I shall not criticize the umpire unless ready to assume his duties.
2. I shall not complain about anyone unless I have labored more hours on the Little League® Program than they have.
3. I shall not be a “Grand-Stand” manager.
4. I shall remember that only nine team members can play at anyone time.
5. I shall set an example of sportsmanship for my child to follow.
6. I shall not be critical unless willing to put out the necessary effort to correct my criticism.
7. I shall remember that all managers, officers and ladies are volunteer workers.
8. I shall remember that all officers and other personnel must earn a living and cannot work on Little League® time.
9. I shall offer my services for work whenever possible.
10. I shall encourage my child to follow The Little League® Pledge.



Parents, Put Fun First

Checklist for parents in youth sports — on and off the field:

1. I maintain a “Fun is No.1” attitude.
2. I treat officials, coaches, my kids, their teammates, and their opponents with respect and avoid ridicule or sarcasm.
3. I praise my kids, their teammates, and opponents just for participating, regardless of their athletic skills.
4. I remember to look for positives with my kids, their teammates, and their opponents.
5. I remain calm when my kids or their teammates make a mistake and help them learn from their mistakes.
6. I remind my kids and their teammates not to get down on themselves when things don’t go well.
7. I try not to take myself too seriously when it comes to my involvement in youth sports, reminding myself that there is life beyond youth sports.
8. I remind myself and my kids to laugh and keep a sense of humor.
9. I emphasize teamwork in team sports with my kids, teaching them to think “we” instead of “me.”
10. I teach my kids by giving them a good example of good sportsmanship: winning without gloating and losing without complaining.

Adapted from the Parent Checklist in Bumett’s *Youth Sports and Self Esteem: A Guide for Parents* Masters Press (November 1993)

Policies for On-field Behavior

LL Rule 4.06: No manager, coach, or player shall at any time, whether from the bench or playing field or elsewhere: 1. incite, or try to incite, by word or sign, a demonstration by spectators; 2. use language which will in any manner refer to or reflect upon opposing players, managers, coaches, umpires, or spectators.

- a. *It is Little League® policy that all managers are responsible for their players, coaches, and parents’ behavior.*
- b. *All players shall be informed by the coaches of the rules and regulations.*

LL Rule 9.01d: Each umpire has authority to disqualify any player, coach, manager, or substitute for objecting to decisions or for unsportsmanlike conduct or language and to eject such disqualified person from the playing field.

- a. *It is the responsibility of the coaches to set a good example of sportsmanship.*
- b. *Offensive language, gestures, and temper tantrums will not be tolerated.*

LL Rule 9.02a: Any umpire’s decision which involves judgment, such as but not limited to, whether a batted ball is fair or foul, whether a pitch is a strike or ball, or whether a runner is safe or out, is final. No player, manager, coach, or substitute shall object to any such judgment decisions.

- a. *Judgment calls by the umpire cannot be questioned. Questioning of calls based on the interpretation of the rules shall be done courteously and game protests must follow LL rules.*

CVLL Rule: Any manager or coach that is ejected from a game by an umpire, for any reason, will automatically be suspended for the next scheduled game. Players and/or parents who are ejected from a game for poor sportsmanship shall be reported to the league president and may be suspended. Anyone who is ejected a second time shall be suspended until the incident has been reviewed by the president/league board. A second ejection may result in dismissal from the league.

For more information about Little League® visit the web site: www.littleleague.org

REMINDER

Baseball is a game and players should have fun while building self-esteem, being safe, developing skills, and learning the game of baseball. In order for this to happen, managers and coaches must be in control of their teams and help players learn self-discipline while treating players fairly and equally.

Frequently Asked Questions

What is your web site address?

www.cvlittleleague.org

What equipment is needed?

- **Athletic Supporter:** Required for all boys playing the catcher position; optional, but suggested for boys at other positions
- **Sliding pants:** These are worn under the uniform pants in Majors and as pants for the other levels and are recommended for all players involved in sliding and base stealing. Shorts are not permitted at practice or during games.
- **Spikes:** No metal cleats are permitted at practice or during games; they must be plastic.
- **Glove:** Glove should fit their hand and not be too big.

How many practices will my child's team have?

Your child's coach/level director determines practices. Typically, teams practice 2 times a week before the season begins, and possibly once per week after games begin.

Will we need to travel for games?

Travel is only required in the district tournaments and a few inter-league games for Minor and Major levels.

How much playing time will my child have?

Little League® is an equal opportunity sport, but Little League® is also competitive, once you reach the Minor and Major levels. While Little League® tries to encourage play at all levels, each level is more competitive. The Little League® rule is that each player must play at least 6 consecutive outs and bat at least once per game, even if the game is over in 4 innings or the game is forfeited.

At the T-ball and Rookie levels, coaches try to have the players play various, if not all, positions including pitching at the Rookie level. Once in the Minors, some players will see more playing time than others based on a combination of ability, positive attitude, and attendance at games and practices. The coach will try to have as much playing time for each player based on player's ability and attitude.

What position will my child play?

For each level, the amount of playing time will vary, because each level gets more competitive. Coaches evaluate each player for ability and aptitude for various positions, but not all players can play all positions. Each coach tries to play the players at many positions based on the player's interest. Players typically play in several different positions during the season. Coaches also try to develop overall baseball skills in all players the entire season.

What are the fees?

Registration fees for 2016 are \$75 for T-ball and Rookies and \$90 for Minor and Major levels. There is a family cap of \$150. There is a \$10 late fee after January 30.

What are the fees used for?

The fees pay for Little League® insurance and league fees, lease fee for Witmer Heights Mennonite Church, maintenance of the fields including diamondtex, lime and services to keep the infield grass-free and outfield weed-free, and equipment such as uniforms, bats, helmets, baseballs, etc. and lights at the Flory Park location.

When is the season over?

The Major level will likely conclude by Saturday, June 11. Additionally, the regular season needs to be completed by June 15, per Little League® rule, so that the advancing tournaments that lead to the Little League® World Series may begin. The other levels will likely end their seasons no later than Saturday, June 4, so the Minors level may begin their Little League® advancing tournament.

Parents of tournament players have a responsibility to their child and team to make sure that vacations and other summer activities do not interfere with tournament play. You and your child must be available for short-notice practices, be able to travel, and be flexible for weekday and weekend tournament schedule advancements in play.

Are playoff games played?

There are only playoffs for the Majors level. In the Majors, there are playoffs for all teams. Playoffs are low key in Little League®.

Why are Showcase games played?

There are Showcase games for the Rookie, Minors and Majors levels. Players are selected based not only on skill, but also on good sportsmanship and demonstration of respect toward coaches and other adult volunteers. The games will showcase each player on their teams so that all of the parents can watch the best players at each level.

The Showcase games are a reward each season for a well-rounded player. The Showcase games are played in mid-June after the regular season is over.

Is there Fall Ball in CVLL?

Yes, we have registrations in June-July with practices starting in mid-August. Games are usually twice a week with practices lasting until the middle of October. We try to have two teams, Minor and Major level, like many surrounding Little League® communities. Fall Ball is more like a travel team format as we visit other Little League® teams and they visit us (sometimes under the lights at Flory Park).

How can I contact CVLL?

Conestoga Valley Little League
PO Box 38
Brownstown, PA 17508
info@cvlittleleague.org
cvlittleleague.org

The Little League® Pledge

*I trust in God
I love my country
And will respect its laws
I will play fair
And strive to win
But win or lose
I will always do my best*

The Little League Pledge was written by Peter J. McGovern, the late president of Little League Baseball, in 1954. It made its first appearance in the February 1955 "Little Leaguer" magazine. The text of the Little League Pledge was sent to U.S. President Dwight D. Eisenhower on Feb. 22, 1955. President Eisenhower (and every president since then) was a strong supporter of Little League. Its text has remained unchanged since it was originally written.

Parent/Volunteer Pledge

- I will teach all children to play fair and do their best.
- I will positively support all managers, coaches and players.
- I will respect the decisions of the umpires.
- I will praise a good effort despite the outcome of the game.

I Won't Cheat Pledge

Two-time National League Baseball MVP Dale Murphy launched the IWC foundation with the intent to eliminate steroids and other illegal performance enhancing drugs from the world of sports. In August 2008, Little League® International officially announced its partnership with the 'I Won't Cheat!' Foundation at the Little League® World Series in Williamsport, PA. "To leave the game better than we found it," is the mission of the 'I Won't Cheat' program.

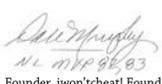
For more information about the 'I Won't Cheat' Foundation, visit the web site: www.iwontcheat.com



INJECTING ETHICS INTO AMERICA'S FUTURE

I PLEDGE that I will abstain from all illegal performance enhancing drugs and that I will not cheat myself in sports, in the classroom, or in life.

Little Leaguer


NL MVP 82, 83
Founder, iwont'cheat! Foundation



Using Steroids = Cheating

Children's doctors agree: there are no shortcuts to success. If you like to watch or read about sports, you might know that certain drugs called anabolic steroids have been in the news a lot lately. Anabolic steroids are pills or injected drugs that are sometimes used by athletes who want to gain an unfair advantage over their competition. While steroids may help some people grow quickly, they are known to cause very serious health problems for those who use them.

Little League® is against its players using these drugs and other supplements in an attempt to improve ability. Now a major health organization, the American Academy of Pediatrics (AAP), a group of more than 60,000 children's doctors, is making sure parents and volunteers know how to help young athletes stay away from steroids.

The AAP reminds kids that "many factors help determine athletic ability... including diet and how hard an athlete trains." The AAP says that the medical dangers of steroid use far outweigh the advantage of gains in strength or muscle mass. "Success in sports takes talent, skill and most of all, practice and hard work," says the AAP. "Using steroids is a form of cheating and interferes with fair competition."

There are many healthy ways to increase your strength or improve your appearance. Even if you don't expect to play high school, college or pro sport someday, keep the following tips in mind:

- Train safely, without using drugs.
- Eat a healthy diet.
- Get plenty of rest.
- Set realistic goals and be proud of yourself when you reach them.
- Seek out training supervision, coaching and advice from a reliable professional or volunteer.
- Avoid injuries by playing safely and using protective gear.
- Talk to your pediatrician about nutrition, your health, preventing injury and safe ways to gain strength.
- Share this information with friends and teammates.

To be a truly great athlete and maintain your health, use your natural ability to work hard in practice and concentrate on developing your skills. There are no shortcuts to success on the field or off it.

THIS PROGRAM IS ALSO AVAILABLE ONLINE...

The 2016 Conestoga Valley Little League® program is also available in electronic 'flipping book' format, which can be viewed on the CVLL web site using your favorite web browser: www.cvlittleleague.org

2016 CVLL T-Ball

T-BALL DIRECTOR: TOM NEEDHAM
T-BALL DAY: MAY 7 (GAMES AT WM)

Conestoga Valley Little League®
T-Ball Rules & Regulations

The playing rules and issues fwill come from the Little League Minor League and T-Ball Official Regulations and Playing Rules Book, with the following modifications:

1. Each team bats entire roster each inning. Reverse for following innings.
2. Each player should try to play every position during the season.
3. Ball will normally be hit from a tee, but the coach may introduce some coach pitch to batters to help them prepare for the next level.
4. On a hit ball, player may advance until the ball is returned to the infield.
5. No leads, steals, walks, bunts or leaving base before ball is hit.
6. A player may not advance on an overthrow.
7. Catchers must stay behind the fence until the ball is hit.
8. Outfielders must play in the outfield grass.
9. Pitcher must be on the pitching rubber.
10. All players must wear long pants...No shorts.
11. Current batter is the only person with a bat in the batter's box. No one is permitted to swing bats as warm up.
12. The inning is over when the last batter reaches first base, is out, or when the ball is returned to the infield. The batter **SHALL NOT** continue running until he gets to home plate.
13. If a player is out, he **MUST** leave the base path and return to the bench.
14. No new inning can begin after 8:00PM on a school night.

LEARNING OBJECTIVES

1. Hitting ball off the tee
2. Learning the positions
3. Running the bases
4. Basics of fielding and throwing

Starting Time

6:00 PM

Warm-Ups

5:45 PM

Playing Fields

WM – Witmer Heights Mennonite Church

SM – Smoketown Elementary School

****Please do not park on the driveway in front of Witmer Heights Mennonite Church.***

THANK YOU TO ALL WHO CONTRIBUTED PHOTOS:

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2016 CVLL Rookie Ball

ROOKIE DIRECTOR: MIKE FORNEY
ROOKIE DAY: MAY 14 (GAMES @ WM)

Conestoga Valley Little League® ***Rookie Ball Rules & Regulations***

The playing rules and issues will come from the Little League Minor League and Tee Ball Official Regulations and Playing Rules Book with the following modifications:

1. Every player is required to play a minimum of 3 innings and bat twice in a 4 inning game. Games may go longer than 4 innings.
2. The complete roster will be used for the batting order. The inning is over after 3 outs occur, when a team bats 8 players or 6 runs are scored.
3. No walks – After 4 balls, there will be coach pitch.
4. No bunting, balks, or stealing. Runners may not leave bases until ball is hit.
5. Players shall pitch the first 2 innings of the game. After 4 balls are recorded, the coach of the hitting team will pitch until there is a hit or an out.
6. Pitch count is in effect for all pitchers.
7. Coaches must keep Official Little League Pitching Records.
8. Pitchers must pitch from the pitching rubber.
9. During coach pitch, the coach should be on 1 knee and should be pitching from just in front of the pitching rubber. Pitches are to be thrown overhand.
10. Players should rotate positions and batting order.
11. Standard field positions should be used.
12. Two base coaches should be used to assist runners. A player can also be used as a base coach.
13. An adult may stand behind pitcher to assist pitcher or retrieve balls.
14. Team umpires must be behind the plate wearing mask, chest protector, shin guards and cup. Umpires who refuse equipment and sustain injury may not be covered by Little League Insurance. There will also be 1 field umpire ***Home team should provide the Plate Umpire and Visiting team should provide the Field Umpire.***
15. Home team is responsible to prepare the field prior to the game (Rake & Lines).
16. Visiting team is responsible to rake the fields after the game.
17. All players must wear long pants, no shorts.
18. The current batter is the only player permitted to be swinging a bat. No one is permitted to swing a bat for warm-up.
19. A player may attempt to advance 1 base on an overthrow that goes out of play.
20. No new inning can begin after 8:00PM on a school night.

The manager must remove the pitcher when said pitcher reaches the limit for his/her age group as noted below, but the pitcher may remain in the game at another position.

League Age

11-12 yrs. - 85 pitches per day
9-10 yrs. - 75 pitches per day
7-8 yrs. - 50 pitches per day

Exception

If a pitcher reaches the limit imposed in Regulation VI (c) for his/her league age while facing a batter, the pitcher may continue to pitch until any one of the following conditions occurs: 1. That batter reaches base; 2. That batter is put out; 3. The third out is made to complete the half-inning.

A pitcher who delivers 41 or more pitches in a game cannot play the position of catcher for the remainder of that day.

Pitchers league age 14 and under must adhere to the following rest requirements:

- If a player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed.
- If a player pitches 51-65 pitches in a day, three (3) calendar days of rest must be observed.
- If a player pitches 36-50 pitches in a day, two (2) calendar days of rest must be observed.
- If a player pitches 21-35 pitches in a day, one (1) calendar days of rest must be observed.
- If a player pitches 1-20 pitches in a day, no (0) calendar days of rest are required.

LEARNING OBJECTIVES

1. Hitting off a pitcher
2. Running bases and listening to base coaches
3. Pitching and catching
4. Enhance fielding and throwing skills
5. Learn what base to throw to
6. 3 outs ends an inning
7. What are strikes and balls
8. Outfielders hitting the cut-off
9. Backing up throws to other players

Starting Time

6:00 PM

Warm-Ups

5:45 PM

Playing Fields

WM – Witmer Heights Mennonite Church
SM – Smoketown Elementary School

****Please do not park on the driveway in front of Witmer Heights Mennonite Church.***

ROOKIE BLACK - PIRATES

SPONSOR: WEST EARL LIONS CLUB
HEAD COACH: HOWARD WISSLER
ASST. COACH: JERRY GARVEY

NATHANIEL GARVEY	CASH LANDIS
BRAYDEN GAUGLER	CARTER MACKEY
CADE GEARY	BRODY MCINTIRE
MASON HACKNEY	CALEB REIFF
CONNOR HIGH	SKYLAR WEAVER
OWEN HORN	HENRY WENTZ

ROOKIE NAVY - SHARKS

SPONSOR: SECOND LOOK LAWN CARE
HEAD COACH: MIKE FORNEY
ASST. COACH: CURTIS HIGH, PETE KOWALINSKI,
TODD SCHEETZ

CARSON ANDERSON	ANDREW KOWALINSKI
JOSHUA DENNIS	THOMAS KOWALINSKI
MITCHELL ESBENSHADE	ADAM MCDOWELL
KONNER FISHER	OWEN SCHEETZ
TREVOR FORNEY	DYLAN WAYNICK
SAWYER HIGH	

ROOKIE COLUMBIA - BLUE HAWKS

SPONSOR: THE VINCIT GROUP
HEAD COACH: BRET HOFFERT
ASST. COACH: ERIK WALTER

PAXTON BRUNNER	OWEN HOFFERT
WILLIAM CASLER	DANIELLE ROHRER
LUCAS CORREA	REILLY ROHRER
JONAS DEKKER	DANIEL SUBERS
COLTON DRAKE	IAN TORRES
OWEN FRIDAY	BEN WALTER

ROOKIE RED - STORMTROOPERS

SPONSOR: LAWN RANGER LAWN CARE
HEAD COACH: ANDREW FIGART
ASST. COACH: EVANS ELIAS

GAVIN ELIAS	AIDEN STYER
THOMAS FIGART	KASEN STYER
TYSON SCHAUB	OWEN SZABO
GAVIN SENSENIG	MICAH VAN LENTEN
TOBY SENSENIG	DREW WALTON
SYLAS SLOVAK	JORDAN WAMBOLT

ROOKIE MAROON - MUDCATS

SPONSOR: PARADISE ENERGY SOLUTIONS
HEAD COACH: CURT ULRICH
ASST. COACH: JOSH BLANTZ, BRAD TESTA

AUSTIN BLANTZ	IAN LONG
JACKSON BUCKWALTER	MASON MACKEND
JOAQUIN FLORES	DANIEL TESTA
JACOB GIBSON	CAEDON ULRICH
ROMAN KATZENMOYER	NICHOLAS VARANO
AARON KAUFFMAN	STEELTON WHITE

ROOKIE ROYAL - CHAMPS

SPONSOR: CREEK HILL LANDSCAPING
HEAD COACH: JOSH LAPP
ASST. COACH: THATCHER BOOK, ERIC LINDER

DAVID BERKEY	MICHAEL CARR
PARKER BOOK	ETHAN DUGAN
BRADY BOWMAN	CARTER GEHMAN
CONNOR BOYD	COLE LAPP
AVERY BROSEMER	CARSON LINDER



2016 CVLL Minor Ball

MINOR DIRECTOR: ADAM FISHER
MINORS DAY: MAY 21 (GAMES @ WM)
TOURNAMENT: MAY 31-JUNE 3

Conestoga Valley Little League® **Minor Ball Rules & Regulations**

The playing rules and issues will come from the Little League Playing Rules Book with the following modifications:

1. Games will be 6 innings. Each player shall play a minimum of 2 defensive innings and 1 at bat per game, or he shall start the next game.
2. Stealing of any base is permitted all season.
3. You may have 2 coaches coaching the bases, as long as 1 coach is on the bench with players. Otherwise a player may coach wearing a helmet.
4. Pitching log must be kept for each player that throws a pitch in each game and the opposing manager should sign the form immediately after the game.
5. Pitch count is in effect for all pitchers.
6. Each half inning is over after 5 runs have been scored or 3 outs have been registered. The exception is in the last inning when scoring is unlimited. Note that additional runs that are scored on the same play in which the fifth run was scored also count. Therefore, up to 8 runs could potentially be scored in one inning.
7. Stealing is allowed once the ball crosses home plate. If the runner leaves early, he must return to the base with no penalty, dead ball situation.
8. Practices and game conditions are up to the manager/coach's discretion.
9. Recite the Little League Pledge before each game.
10. Winning team manager should contact the level director with the score of the game on the same night it is played.
11. Standings will be kept, but there will not be play-offs.
12. Attempt to schedule make-up games that have been rained-out or cancelled within 1 week of originally scheduled game.
13. Field must be lined before each game and raked before each game by home team.
14. Field must be raked after each game and bases put away by the visiting team.
15. Home team supplies the plate umpire and visiting team supplies the base umpire.
16. Home team gets infield practice before each game until 5:35PM. Field should also be raked and lined by 5:35PM.
17. Visiting team gets infield practice from 5:35PM-5:55PM.
18. Little League pledge is said at 5:55PM and game starts at 6:00PM.
19. There is a 10-run rule after 4 innings.
20. Each team should clean their bench area after the game and clear the area of trash.
21. Current batter is the only person permitted to swing a bat, no warm-up swinging.
22. The complete roster will be used for the batting order.
23. No new inning can begin after 8:00PM on a school night.

24. Lights at Flory Park field #2 are not to be used during weeknight games unless the game starts later than 6:00PM and was intended to be played under the lights. Lights also cannot be on past 10:00PM due to East Lampeter Township curfew.

The manager must remove the pitcher when said pitcher reaches the limit for his/her age group as noted below, but the pitcher may remain in the game at another position:

League Age

- 11-12 yrs. - 85 pitches per day
- 9-10 yrs. - 75 pitches per day
- 7-8 yrs. - 50 pitches per day

Exception

If a pitcher reaches the limit imposed in Regulation VI (c) for his/her league age while facing a batter, the pitcher may continue to pitch until any one of the following conditions occurs: 1. That batter reaches base; 2. That batter is put out; 3. The third out is made to complete the half-inning. A pitcher who delivers 41 or more pitches in a game cannot play the position of catcher for the remainder of that day. **Pitchers league age 14 and under must adhere to the following rest requirements:**

- If a player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed.
- If a player pitches 51-65 pitches in a day, three (3) calendar days of rest must be observed.
- If a player pitches 36-50 pitches in a day, two (2) calendar days of rest must be observed.
- If a player pitches 21-35 pitches in a day, one (1) calendar days of rest must be observed.
- If a player pitches 1-20 pitches in a day, no (0) calendar days of rest are required.

LEARNING OBJECTIVES

1. Successful bunting
2. Stealing bases
3. Pitching 3 innings per game
4. Outfielders hitting cut-off man
5. Throwing to correct base
6. Fielders ready for stealing and passed balls
7. Batters to take signs from coaches

Starting Time

Evenings - 6:00 PM
Saturdays - see manager's schedule

Warm-Ups

5:15 PM Home / 5:35 PM Visitor

Playing Fields

WM – Witmer Heights Mennonite Church
F – Flory Park

***Please do not park on the driveway in front of Witmer Heights Mennonite Church.**

MINOR BLACK - THE BLACK SHEEP

SPONSOR: SALADWORKS

HEAD COACH: JOHN DANIELS
ASST. COACH: JUSTIN CORSON, CHAD FRANKFORD,
CURTIS HIGH

RYAN CARDINA
JUSTIN CORSON
JOSEPH COSTELLO III
GARRETT DANIELS
SAWYER ESBENSHADE
SETH FRANKFORD

DALTON HIGH
MASON HUTCHINSON
REILY LAURIE
DOMINIC SANTAMARIA
CAMDEN ZOLL

MINOR NAVY - THE NAVY SEALS

SPONSOR: RITA'S

HEAD COACH: PETE KOWALINSKI
ASST. COACH: JESSE CASSLER, GERALD MCDOWELL,
MOUNTRY PHONGXAYSANITH

NOLAN BURKHOLDER
JOSIAH CASLER
EDDIE KOWALINSKI
MURPHY MADDEN
BRETT MCDOWELL
CARSON MILLER

ETHAN MILLER
CARMINE PEREZ
NOAH PHONGXAYSANITH
ANDREW STOLTZFOOS
AIDAN ZIMMERMAN

MINOR COLUMBIA - BLUE LIGHTNING

SPONSOR: CONESTOGA VALLEY GARAGE

HEAD COACH: TUCKER YORK
ASST. COACH: BRIAN CONNOLLY, JON DENTEL

PATRICK CONNOLLY
ISAIAH DENTEL
GRAYSON GAUGLER
CHRISTOPHER MILLER
LUKE NEEDHAM
CARLOS Y. NEGRON-CRUZ

SOREN STOLTZFUS
TAL STOLTZFUS
EVAN WILSON
SILAS YORK
SLAYTON YORK

MINOR RED - RED TIDE

SPONSOR: WALL-TO-WALL FLOOR COVERING

HEAD COACH: CHRIS ARNOLD
ASST. COACH: RICH LUCCHESI, JT MARINE

AIDAN ARNOLD
RHYS BRUNNER
JACKSON BYERS
JORDAN CRAIGHEAD
DYLAN JOHNS

PHILIP LONG
ROME LUCCHESI
ANDREW MARINE
NOAH NOLT
TOBY SCHAUB

MINOR MAROON - MADNESS

SPONSOR: KEYSTONE MASCOTS, HURSH PAINTING

HEAD COACH: DAN ANDREWS
ASST. COACH: EDGAR ACOSTA, DOUG BOSSERT,
HARRY ESHBAUGH, PHIL HURSH

MILES ACOSTA
DAVID ANDREWS
ETHAN BLANK
CULLEN BOSSERT
GRANT BRADLEY
CHRISTIAN BROWN

JAYDEN BROWN
LIAM CHEEK
ANDREW DEWAN
BRANDON HURSH
EVAN ZIMMERMAN

MINOR ROYAL - ROYALS

SPONSOR: MERIDIAN PRODUCTS

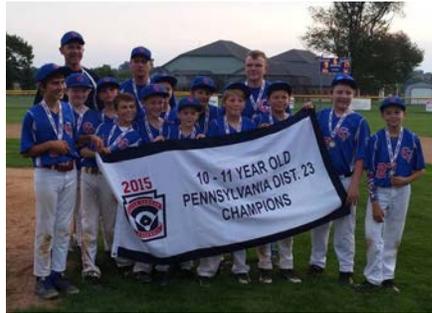
HEAD COACH: ADAM FISHER
ASST. COACH: JASON ECHTERNACH, JEFF HOSTETTER,
JOE MCKENZIE

BRYCE BOWMAN
HUNTER BRAUN
CHRISTOPHER DUKES
DANIEL ECHTERNACH
GRAYSON FISHER

JACKSON HOSTETTER
BRODIE KAUFFMAN
PRIEST MCKENZIE
RYAN MUCKLE
COHEN TETER







2016 CVLL Major Ball

MAJOR DIRECTOR: JEFF SCHLEGELMILCH

Conestoga Valley Little League® Major Ball Rules & Regulations

Regular Major League Rules apply. See Little League Baseball Official Regulations and Playing Rules book.

1. Games will be 6 innings. Each player shall play a minimum of 2 defensive innings and 1 at bat per game, or he shall start the next game.
2. Stealing of any base is permitted all season.
3. Batter may attempt to advance to first base if the catcher drops the third strike, if first base is unoccupied with two outs. The batter must be thrown out at first to be out.
4. You may have 2 coaches coaching the bases, as long as 1 coach is on the bench with players. Otherwise a player may coach wearing a helmet.
5. Pitching log must be kept for each player that throws a pitch in each game and the opposing manager should sign the form immediately after the game.
6. Pitch count is in effect for all pitchers.
7. Stealing is allowed once the ball crosses home plate. If the runner leaves early, he must return to the base with no penalty, dead ball situation.
8. Practices and game conditions are up to the manager/coach's discretion.
9. Recite the Little League Pledge before each game.
10. Winning team manager should contact the level director with the score of the game on the same night it is played.
11. Standings will be kept and there will be play-offs.
12. Schedule make-up games that have been rained-out or cancelled within 1 week of scheduled game.
13. Field must be lined before each game and raked before each game by home team.
14. Field must be raked after each game and bases put away by the visiting team.
15. Home team supplies the plate umpire and visiting team supplies the base umpire.
16. Home team gets infield practice before each game until 5:35PM. Field should also be raked and lined by 5:35PM.
17. Visiting team gets infield practice from 5:35PM-5:55PM.
18. Little League pledge is said at 5:55PM and game starts at 6:00PM.
19. There is a 10-run rule after 4 innings.
20. Each team should clean their bench area after the game and clear the area of trash.
21. Current batter is only person who should be swing a bat, no warm-up swinging.
22. The complete roster will be used for the batting order.
23. No new inning can begin after 8:00PM on a school night.

The manager must remove the pitcher when said pitcher reaches the limit for his/her age group as noted below, but the pitcher may remain in the game at another position:

League Age

- 11-12 yrs. - 85 pitches per day
- 9-10 yrs. - 75 pitches per day
- 7-8 yrs. - 50 pitches per day

Exception

If a pitcher reaches the limit imposed in Regulation VI (c) for his/her league age while facing a batter, the pitcher may continue to pitch until any one of the following conditions occurs: 1. That batter reaches base; 2. That batter is put out; 3. The third out is made to complete the half-inning.

A pitcher who delivers 41 or more pitches in a game cannot play the position of catcher for the remainder of that day. Pitchers league age 14 and under must adhere to the following rest requirements:

- If a player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed.
- If a player pitches 51-65 pitches in a day, three (3) calendar days of rest must be observed.
- If a player pitches 36-50 pitches in a day, two (2) calendar days of rest must be observed.
- If a player pitches 21-35 pitches in a day, one (1) calendar days of rest must be observed.
- If a player pitches 1-20 pitches in a day, no (0) calendar days of rest are required.

LEARNING OBJECTIVES

1. Successful bunting
2. Stealing bases
3. Pitching 3 innings per game
4. Outfielders hitting cut-off man
5. Throwing to correct base
6. Fielders ready for stealing and passed balls
7. Batters to take signs from coaches

Starting Time

- Evenings - 6:00 PM
- Saturdays - see manager's schedule

Warm-Ups

- 5:15 PM Home
- 5:35 PM Visitor

Playing Fields

- WM – Witmer Heights Mennonite Church
- F – Flory Park

****Please do not park on the driveway in front of Witmer Heights Mennonite Church.***

MAJOR CV BLACK - MAGIC

SPONSOR: FLURY FOUNDRY COMPANY
HEAD COACH: TOM NEEDHAM
ASST. COACH: ERIC REED, BRYAN ZWASKA

KOLLIN COURTNEY	TANNER PETERSHEIM
BRAYDEN EGERTER	DYLAN PORTER
ELIJAH EGERTER	JOSHUA REED
CHRISTOPHER MARSTON	MATTHEW TENBRINK
CHRIS NEEDHAM	TYSON ZWASKA
BEN NEVLING	

MAJOR CV NAVY - SEALS

SPONSOR: STEEL CITY SPORTS
HEAD COACH: ROB DIPPNER
ASST. COACH: DOUG BOSSERT, KURT KRAHNKE,
DAVE THOMPSON

BRENDAN BOSSERT	HENRY KRAHNKE
JACOB CARR	TYLER SCHEETZ
HAYDEN DIPPNER	JUDE THOMPSON
BRAXTON EAVES	SAMUEL THOMPSON
REBECCA HARTRANFT	TITUS YORK
NATHANIEL KIRCHNER	

MAJOR CV COLUMBIA - BLUE BOMBERS

SPONSOR: PET FOOD EXPERTS
HEAD COACH: BRIAN HASTING
ASST. COACH: CHASE CARTER

DEVIN ANDRUSKY	DAWSON RESSLER
QUINTIN BAILEY	GRIFFEN RISHELL
REMY BIVINS	MELVIN STOLTZFOOS
TUCKER HASTINGS	JOSEPH VARANO
CHASE JAMISON	CAMERON WALCK
CURTIS KUNJAPPU	

MAJOR CV RED - BLUES

SPONSOR: CORNERSTONE DRYWALL
HEAD COACH: REGGIE FISHER
ASST. COACH: GREG LEWIS, BOB SWIFT

CAMERON ENGEL	AIDEN JOHNSON
ABDIEL FERNANDEZ COLON	BRYCE JOHNSON
KAYDEN FISHER	HUNTER LEWIS
PRESTON FISHER	KYLE MCGALLICHER
CARSON HOOVER	ROBBY SWIFT
DREW HULTSTRAND	

MAJOR CV MAROON - WILDCATS

SPONSOR: LANCASTER ARCHERY SUPPLY
HEAD COACH: CRAIG ESBENSHADE
ASST. COACH: RICH BUCH

KAMREN BOOTH	KYLE MOORE
MATTHEW BUCH	SKYLER PARMER
MATTHEW CONNOLLY	JOSHUA PATTISON
CONNOR ESBENSHADE	JONATHAN TALLEY
JACKSON ESBENSHADE	BRADIN WEAVER

MAJOR CV ROYAL - BLUE MOONCATS

SPONSOR: LANDIS FOODS
HEAD COACH: WENDELL MILLER
ASST. COACH: MARK KISTLER, JEFF SCHLEGELMILCH

RYLAND KING	JASON SCHLEGELMILCH
BRADY KISTLER	OWEN SHETTER
EVAN LAPP	COLIN STROHECKER
WILL MIKUS	DEVIN ULRICH
CADEN MILLER	AUSTIN WERTZ
RYAN SCHALLER	



1809 Olde Homestead Lane
Lancaster, PA 17601
Phone: (717) 293-0800
Fax: (717) 293-151
E-mail: fhs@dejazzd.com

Field Locations & Tournament Information

MAJOR LEVEL

**Witmer Heights
Mennonite Church**
2270 Old Philadelphia Pike



Directions: take Rt. 340 East of Lancaster just past Locust Grove Elementary school and across from Carter Lumber. Parking is ALWAYS behind the church. Field 1 is closest to parking lot and field 2 is the lower field on the right. The equipment shed is in right field of the field 1. The concession stand is behind the third base dugout on field 1.

MINOR LEVEL

Flory Park
Greenland Drive
(behind East Towne Mall)



Directions: take Rt. 30 East to the traffic light at East Towne Mall. Turn right at the light onto South Oakview Drive. Go past the mall and turn right at the stop sign onto Greenland Drive. The park entrance is on the right after several complex entrances. Field 1 is closest to the entrance. Field 2 is the lighted field adjacent to field 1.

ROOKIE LEVEL

Smoketown Elementary
2426 Old Philadelphia Pike



Directions: take Rt. 340 East of Lancaster to the light at the Smoketown Elementary School. Turn right into the parking lot and left to the fields. Rookie games and practices are held on fields 2, 3 and 4. Fields 3 and 4 are just beyond the tree line.

Bareville Fire Company
(see above, under Minor level)

T-BALL LEVEL

**WITMER HEIGHTS
MENNONITE CHURCH**
(see above, under Major level)

SMOKETOWN ELEMENTARY
(see above under Rookie level)

Playoffs

At the close of the season the Major Level will have an all-team play-off. This allows everyone to make the play-offs and enhances participation for the players. The teams will be ranked according to the end-of-the-season standings. Depending on the number of teams, top seeds may receive a first round bye or the lower seeds may play to qualify for the next round. The next round will square off the top seed with the lowest seed as well as games between teams with the middle seeds. The final will be at Witmer Heights Mennonite Church in a one-game match.

Tournaments

Under the jurisdiction of the District Administrator, District 23 conducts post season Special Tournaments for chartered leagues in District 23. Each tournament runs approximately five to ten days. Entrance fees for each team entered go to the District treasury. All Special Tournaments are approved by Little League® Headquarters.

Most years there will be four tournament teams from CVLL. Those teams are comprised of 8 & 9, 9 & 10, 10 & 11, and 11 & 12-year-old players who played in 60% of the scheduled CVLL games and live within the official Little League boundaries of CVLL. Parents of tournament players have a responsibility to their child and team to make sure that vacations or other summer activities do not interfere with tournament play. You and your child must be available for short-notice practices, be able to travel, and be flexible for weekday and weekend tournament schedule advancements in play.

It's an honor to be selected for tournament play on any team. Therefore, parents and players must understand the requirements for Special or International Tournaments. Little League® Baseball Inc. conducts a total of seven international baseball and softball tournaments. District tournament winners have an opportunity to advance to World Series play. All chartered Little Leagues® are eligible (not obligated) to participate. However, once a team is committed, it must play and advance until eliminated, or reach the Little League® World Series. You must be willing to make this commitment.

International tournament rules vary from those of our local Little League®. As an example, managers are encouraged to play their best team. There is no mandatory playing time required for players. Your child may play the entire game, or sit out the entire game. Pitchers cannot pitch in back-to-back games unless one inning or less is pitched. Pitching rules vary for different age groups.

CVLL Game Rules

All playing rules can be found in the Official Little League® Regulations and Playing Rules. Because each Little League® may tailor the rules based on their charter, here is a brief overview of some of the rules that are specific to CV Little League®:

Pitching limits: Boys 10 and under have a maximum limit of 75 pitches per game. Ages 11 and 12 can pitch up to 85 per game. When the maximum limit is reached, the pitcher must be removed from the game. In all age groups when the pitch count is 51 and over, the pitcher requires 3 calendar days of rest; 36-50 pitches requires 2 calendar days of rest; 21-35 requires 1 calendar day of rest; 1-20 no days of rest is required. These totals are logged and verified after each game. The Pitcher Eligibility Form is checked by each manager prior to and after each game.

Runs per inning limits: In Minors, the batting team may only score 5 runs in their half of the inning except for the last inning when it is unlimited. Note that additional runs that are scored on the same play in which the fifth run was scored also count. Therefore, up to 8 runs could potentially be scored in one inning.”

Batting and innings limits: In Majors and Minors, 6 innings are played and the game is over if either team is leading by 10 runs or more after four innings. In Minors, Rookies, and T-ball, the entire roster bats in the batting order. In Rookies, the batting team may only bat 8 players in their half of the inning and they play 4 innings. In T-ball, each player bats once for 4 innings.

Minimum playing time: In the Minors, each player must play at least 2 defensive innings and have 1 at bat. If the game played is less than 6 innings, any player not playing the minimum time MUST start the next game played. In Rookies, each player must bat at least twice in the game.

Umpires: In Majors, a collective group of umpires usually performs the duties, but some parents also help out. In Minors, the home team supplies the home plate umpire, while the visiting team supplies the base umpire. Both are usually parents of the players. In Rookies, the home team supplies the home plate umpire and it usually is the parent of a player. In T-ball, it's custom to have the coaches make the calls at the bases.

Please remember, all umpires for Little League® are on a volunteer basis only. No umpire may be paid for officiating a Little League® game. Umpires' decisions are final. Any dispute of an umpire's call or other forms of disrespect will not be tolerated and may result in the abusing person's ejection from the premises. This includes all spectators and participants. Parents should show the values of good sportsmanship, respect, and fair play to our players. Ejection of a coach or player constitutes a one game suspension the next game for the first offense. The second offense could bring suspension from all league activities.

Little League®

Little League® is an international pastime that has been a fabric of societies throughout the world for 75 years. Since its founding in 1939 by Carl Stotz, Little League has instilled leadership, character, courage and loyalty in all that participate, including the nearly 1.5 million adult volunteers. Little League can be found in more than 80 countries worldwide with more than 2.4 million children participating each year. Little League has celebrated many milestones due to the dedication of its players, parents and volunteers. For more information, visit littleleague.org

Mission Statement

Conestoga Valley Little League is a community organization implanting the characteristics of honor, sportsmanship and integrity through the development of skills, discipline and strategy in the game of baseball for the children of Conestoga Valley.

Organization

Founded in 1991 by a small group of volunteers seeing the value of bringing Little League Baseball to Conestoga Valley, CVLL provides a supervised program under the rules and regulations of Little League Baseball, Inc. All Directors, Officers, and Members shall bear in mind that the attainment of exceptional athletic skill or the winning of games is secondary, and the molding of future citizens is of prime importance. In accordance with Section 501c(3) of the Federal Internal Revenue Code, CVLL shall operate exclusively as a non-profit educational organization providing a supervised program of competitive baseball games. No part of the net earnings shall inure to the benefit of any private shareholder or individual; no substantial part of the activities of which is carrying on propaganda, or otherwise attempting to influence legislation, and which does not participate in or intervene in any political campaign on behalf of any candidate for public office.

League Structure

The Conestoga Valley Little League Board of Directors is comprised of volunteer men and women from the community. Each year the Board of Directors holds an election in September for the CVLL members to elect or confirm the next year's Board of Directors. CVLL membership is defined as active volunteers in good standing with the league. The size of the board varies from year to year between 5 and 15 members. Typical roles served on the board of directors include: President, Vice-President, Treasurer, Secretary, Player Agent, Major Level Director, Minor Level Director, Rookie Level Director, T-Ball Level Director, Umpires Manager, Coaches Manager, Equipment Manager, Information Officer, Safety Officer, Fields Coordinators, Sponsorship Coordinators, Fundraising Coordinator, Facilities Coordinator, Concessions Coordinator. For more information about Little League, visit littleleague.org

Levels of Play

T-ball: Primarily for ages 5 and 6 – instructional with basics of baseball taught and players hit from the tee. Score and standings are not kept. Every player plays the field and everyone bats every inning.

Rookies: Primarily for ages 7 and 8 – instructional with more basics of baseball taught and players pitch to the batters. There are no walks, base stealing, bunting, score or standings kept. If the pitcher throws 4 balls, a designated coach from the batting team will pitch to the batter.

Minors: Primarily for ages 9 and 10 – more competitive, but still instruction on baseball. Players are evaluated in January and drafted on a team in February. Players may steal bases once the ball crosses home plate. Bunts are permitted and encouraged to be taught. Score and standings are kept, but a maximum of 5 runs scored per half inning. The exception is in the last inning when scoring is unlimited. Note that additional runs that are scored on the same play in which the fifth run was scored also count. Therefore, up to 8 runs could potentially be scored in one inning. At the end of the season, there are currently two tournaments players may be selected for. A District 23 league age 9 only tournament and a Little League® Advancing tournament for league ages 9 and 10, similar to a travel team.

Majors: Primarily for ages 11 and 12 – more competitive, but still instruction on baseball. Players are evaluated in January and drafted on a team in February. Players may steal bases once the ball crosses home plate. Bunting and stealing permitted and encouraged to be taught. Score and standings are kept with no maximum of runs scored per half inning. At the end of the season, there are currently two tournaments players may be selected for. A Little League® Advancing tournament for league ages 10 and 11, as well as a tournament for league ages 11 and 12 that could lead to the Little League® World Series, similar to a travel team.



hot dogs



fries



pizza



pretzels



**Don't forget to support
our Concession Stands!**



nachos



Candy



beverages



burgers

Team Drafts

The player drafts occur in February. Majors draft will occur first and the remaining players may be drafted by the Minors. All managers are represented at the draft and pick the players based on the evaluation performances. Both Majors and Minors draft all players from the pool to their teams. 12 year olds are guaranteed a spot on a Majors team. 11 Year olds are not necessarily guaranteed a spot in Majors and may play in Minors if not drafted onto a Majors team. Once a player is drafted by the Majors level, he remains on that team and cannot play at the Minors level. The Player Agent oversees the Majors and Minors Level drafts.

Draft Rules

- Numbers will be picked out of a hat to determine draft order.
- Team managers will pick incrementally and then reverse order until the team maximum player roster is satisfied.
- Majors and Minors managers will draft their own sons/daughters according to Little League rules regarding the specific round to draft the child depending on his/her age. For example: age 12 drafted in the 3rd round, etc.
- Brother/sister combinations must be picked in consecutive rounds. The only exception is the round in which managers take their son/daughter.
- Player draft order is not revealed.

Pre-Game Conference

Inspect equipment in both dugouts

- Inspect equipment for any broken, worn or missing items

Introductions

- Introduce self and partner(s) to opposing team coach
- Collect and review and confirm line-ups
- Review playing field ground rules

Player Ground Rules

- No throwing helmets or bats (automatic game ejection)
- Helmets must be worn at all times for all offensive players on the field.
- A helmeted offensive player not in the line-up will retrieve the bats.
- No jewelry allowed (except Medical Alert).

Coaches Ground Rules

- Make sure all of your players are properly equipped.
- No arguing judgment calls of umpires (safe, out, balls, strikes, etc.)
- Do not leave the dugout until a proper time-out is called.

Safety Tips for Baseball

The following are safety tips for CVLL baseball and softball. If you desire more information on Little League safety, please feel free to refer to the safety manual given to all the managers.

1. For players ages 12 and under, no on-deck batters allowed.
2. Players are not permitted to wear short pants or jewelry during practice or game time.
3. A team parent educated in First Aid, CPR and Emergency Management should be present at all practices and games.
4. Concession stands should contain fire extinguishers and smoke detectors.
5. Fields and equipment should be inspected by the safety parent of each team prior to every practice and game.
6. Games and practices should be stopped at the first sign of lightning.
7. Do whatever you can to make the field safer. Feel free to bring a bag to the field to remove trash. This will discourage bee stings and rodents. Further, you can fill in holes with dirt. The list is endless.
8. Do not haul players in the back of a pick-up truck.
9. Consider having your child wear a batter's vest, cup, mouth guard and Rec Specs while playing.
10. A team parent needs to take a 5-gallon jug of ice and water to every practice and game. The ice can be used for most injuries and the water will help to prevent dehydration.
11. Do not permit players to throw bats or helmets, and never leave players unattended.
12. Managers, and parents of children with asthma, allergies to insect bites or other anomalies, need to have a conference. They need to discuss how to work with the child should an emergency occur.
13. Parents should not let their child pitch if their arm is the least bit sore.
14. Mend, replace or add fencing as you are able, or as is needed.
15. Destroy poison ivy near playing fields.
16. Be mindful of your catchers in very warm temperatures.
17. Mr. Steve Keener, president of Little League Baseball states, "...awareness is the key to safety."
18. Half of all serious injuries are attributed to thrown balls. Teach your players to not throw a ball unless the catching player is paying attention.
19. Consider your players' emotional needs to be of high priority. Communicate to them as much as you can.
20. Drill the basics skills a lot. Let baseball be the fun game that it is. Remember that even the greatest athletes sometimes fail.
21. The safety team parent should have access to a telephone, and emergency and parent phone numbers at all times.
22. About injuries: Quick swelling, deformity, unconsciousness, and eye injuries should be considered to be more serious injuries. Bruises to the testicles, heart, spleen, kidney, head, mouth or eyes are more serious injuries.
23. Strains to tendons or muscles can occur to the Achilles tendon, rotator cuff, and hamstring muscle tendon. Proper warm-up and stretching exercises help to prevent these problems.
24. Sprained ligaments can occur to the ankle, knee and wrist. Again, warm-up and stretching is important.
25. Fractures to bones, especially at the growth plate of long bones, can be very serious. Players need to be attentive to avoiding collisions while on the fields.
26. Have all nosebleeds evaluated by a physician.
27. All teeth injuries should be seen by a dentist.
28. All eye injuries should be seen by an optometrist or ophthalmologist.
29. The most common cause of unconsciousness is heat exhaustion. Move these players to a cool place and do not offer them water until they can drink on their own. Unconscious players may require ambulance service.
30. Major Level players are required to wear an athletic cup at all times. Athletic cups are strongly recommended at every level. Please observe these safety tips while playing baseball or softball. Above all, be safe and have fun.

Little League® Milestones Through the Years

- The Legacy Begins: First Little League Game is played on June 6, 1939
- Another First: First Little League Baseball® World Series is played in August 1947
- International Expansion: Canada becomes the first international team to charter in 1951
- Outgrowing Original Field: Howard J. Lamade Stadium was built in 1959 to support the growing popularity of Little League
- Federal Charter: Little League receives its Federal Charter in 1964
- Expansion Outside of Baseball: Little League Softball is founded in 1974
- Dugout: Walt Disney Co. creates Dugout the Mascot in 1985
- Challenger: The Little League Challenger Division is established in 1989
- Urban Initiative: The Urban Initiative Program is established in 1999
- The World Series Expands Again: Volunteer Stadium is built in 2001 to allow for a 16 team tournament
- Little League Intermediate (50/70) Baseball Division is created in 2012 creating nine divisions of play

Conestoga Valley Little League - 25 Years Ago

Conestoga Valley Little League® is grateful to all those who have volunteered throughout the years and have contributed to the success of the league. As we celebrate 25 years, special thanks to the 1992 CVLL Executive Board members: Ken Riley (President), Chuck Fisher (Vice-President), Rich Martin (Secretary), Ken Miller (Treasurer), as well as all who served on the Board of Directors and as Committee Chairpersons. Thank you for establishing a legacy that will continue in 2016 and beyond.



CV Little League plans opener to kick off first official season

baseball but involves other things as well. The videos put out by Little League include: "Little League Draw Education Program", "Little League Official How to Play Baseball Video", "Training Program for Managers", "Softball Injuries", "Baseball and Clinic", and "Managing Little League Baseball".

But Riley does not believe his enthusiasm is needed to sell the program. He thinks it can stand on its own merits.

"I want to let people know this program is special and it is exclusively for kids and when parents sit going to church," Riley said.

Sitting in his home with Little League videos and brochures around him, Riley said he found out that one person can indeed make a difference. Thanks to the monumental efforts of Ken Riley, the Conestoga Valley School District is finally offering Little League baseball to youth. Working overtime last February, Riley spent countless hours going through the channels, sitting on the phone, and making calls. As our new season begins, I feel lucky to have the opportunity to represent Little League and proud to be a service in our community. With all the dedicated adults and concerned parents, I know our children will receive rewards many times over.

As the first President of Conestoga Valley Little League, I want to congratulate all parents for their decision to place their child in a Little League program. I am looking forward to helping make your child's baseball experience a positive one. With your help as an active volunteer of the Little League Family, our league will improve with every growing year. Remember the success of this program depends on all of us.

Most of all, we hope you will support your child and watch them learn by attending their games and becoming involved in the League.

GOOD LUCK LITTLE LEAGERS! HAVE A GREAT SEASON!

Ken Riley
President



Over the upcoming Little League season are, front from left to right, Rich Martin, secretary, and Chuck Fisher, vice president, back from left to right, boardmembers Kevin Miller, Ken Riley, and Ken Miller.

1992

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Little League

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Mark Kistler

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